

# HELP IN HELSINK 19TH CONFERENCE OF THE EUROPEAN WOUND MANAGEMENT ASSOCIATION

"O BRASIL EM DESTAQUE"

Declair, V.

A EWMA - European Wound Management Association junto a FWCS Finnish Wound Care Society promoveram a 19th Conference of the European Wound Management Association que ocorreu de 19 a 22 de Maio em Helsink Finlândia, cujo tema foi:

## HELP in HELSINK...

- Healing
- Education
- Learning and
- Preventing in wound care

O evento teve a participação de cerca de sete mil profissionais de diferentes países. Foram aprovados para apresentação 300 posters e 137 temas orais.

Dentre os posters, quatro foram apresentados por profissionais brasileiros, dentre eles "Topical treatment of neuropathic ulcers: analysis of ten years in literature compared

with linoleic acid treatment results" (Declair V.) e "Soft silicone associated with LA and d-alpha-tocopherol for the management of ischemic traumatic wound" (Declair V. et al.).

Dentre as apresentações orais, o Brasil também foi representado através do tema livre "Nursing management of children with dystrophic epidermolysis bullosa (DEB) in Brazil" (Declair V.). Este, em especial, foi premiado e teve excelente repercussão durante o evento. Dr. Gerard Koel vencedor do prêmio EWMA 2009 fez a seguinte declaração: "Fiquei muito tocado com o entusiasmo e dedicação que a Dra. Declair mostrou ter com seus pacientes. Por essa razão, a Comissão Científica do evento concederá um prêmio de EU 200 como um estímulo para continuar as atividades que tem desenvolvido na área de tratamento de feridas".

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### TOPICAL TREATMENT OF NEUROPATHIC ULCERS: ANALYZYS OF TEN YEARS IN LITERATURE COMPARED WITH LINOLEIC ACID (LA)

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**Introduction:** Neuropathy is the major cause of tissue ulceration and amputation of the lower limb. The topical treatment of these injuries has a relevant discussion among health professionals.

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**Aim:** To analyze the result of LA associated with the d-alpha-tocopherol in the treatment of neuropathic ulcers and to compare the results with the treatment options described in the literature.

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**Results:** The Kaplan-Meier revealed that both groups reached 90% of healing at the same period. Mann-Whitney test showed that both groups had the same healing rate. ANOVA ( $x = 0$  if  $x = 90\%$  of healing)  $p = 0,25$  and  $p = 0,33$ .

**Methods:** Third-two patients with neuropathic ulcer were randomized and treated on opened study with LA solution. Inclusion and exclusion criteria were followed by pre-established protocol. The reduction of the wound area was calculated by  $AI - AF \times 100/AI$ . EA were assessed. After the conclusion, using specific keywords we reached the researches published or not in the literature, bibliographic databases, sites, Annals of Congress between 1996 through 2006. These studies were valued on established protocol with specific criteria. Nine (9) studies were included, analyzed and the results were compared with the first study. Kaplan-Meier and Mann-Whitney tests were applied in order to set the differences between the groups. and ANOVA to find the statistic results.

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**Conclusion:** Many published studies showed deficiencies such as small number of sample or results not statistically significant. Our study was well tolerated by patients and showed the same efficacy on healing rate and treatment time like the data presented on the current literature.

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Bibliografia: 1. Declair V. Linoleic Acid in the treatment of Chronic Ulcers. JBM - JORNAL BRASILEIRO DE MEDICINA; 82(6)36-41; 2002.  
2. Declair V. Ácidos Graxos Essenciais: Protetores Celulares dos Mecanismos Agressivos da Lesão Hipóxica REVISTA DE DERMATOLOGIA ATUAL. 4(1)11-16; 1998.

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